

MARIAN UNIVERSITY

Indianapolis

April 2009

Marian University student-athletes and parents:

The St. Vincent Sports Medicine Athletic Trainers at Marian University welcome you to our athletic program. In order for any athlete to participate in any team practice or lift we must have a completed file. The forms that we will need are the pre-participation physical, parent insurance form (every athlete will need to complete this form every year), and HIPPA/consent to treat form. We encourage you to send all completed paperwork to the athletic training staff at the address listed below as soon as it is completed so we can notify the coaches of what paperwork has been submitted.

Please note that beginning in Fall 2009, the physical exam form and all health history paperwork is the same as what is required by the Health Center for admission. Student-athletes should send their physicals and all additional paperwork to the athletic training staff - copies will be made and submitted to the health center once they are received here. A pre-participation physical examination is required for all juniors and fifth-year seniors as well as incoming freshmen and transfers. Every student-athlete must have their physical examination on file in the athletic training room. Our athletic pre-participation physical examination is comprehensive and will identify existing medical problems which might hinder athletic performance/physical health.

All athletes are strongly encouraged to have their physical exam completed on campus. Pre-participation physical exams are at 3 p.m. on Sunday, August 2, in the Physical Education Center at Marian University. The cost for this exam is \$20, cash or check (payable to St. Vincent Sports Medicine). Instead of attending our exam date, student-athletes may get a physical from any medical doctor, as long as it is completed on our form. If you choose this option, please have the doctor stamp the physical form or attach a business card for easy communication if we have any questions for the doctor. **Physicals completed off campus by Pediatricians, Chiropractors and Orthopedists will not be accepted.**

The following information is being provided to Marian University intercollegiate student-athletes and parents in an effort to better prepare you for dealing with issues related to medical care and medical insurance which may arise as a result of participation in intercollegiate athletics while a member of a Marian University team. Understanding these issues will reduce unforeseen issues with the cost and related reimbursement for medical care.

Throughout the year, a St. Vincent primary care physician with sports medicine training will be on site to evaluate injuries to Marian University intercollegiate student-athletes. This service is free of charge to the athlete. Dependent upon the individual circumstances of the case, the student-athlete may be referred for an office visit for a more thorough exam or testing. The athletic training staff's preference is to make such referrals to physicians at St. Vincent's, with whom Marian University has a sports medicine partnership. These physicians are familiar with our programs and the particular needs and concerns of college athletes. We understand, however, this may not always be practical due to the varied insurance coverage of each of our intercollegiate student-athletes. To avoid unexpected cost responsibility, the student-athlete and their parents must determine if the doctor and/or facility to whom the athlete is being referred, is or is not covered by your insurance **BEFORE** going to an appointment. In particular, to the extent

possible, we would recommend determining if St. Vincent's, St. Vincent's Sports Medicine and their associated doctors are considered to be in network, prior to the season beginning. You may also wish to consider changing the student-athlete's primary care physician to Dr. Jeff Fields at St Vincent Faculty Practice, as he is our team physician.

Through Marian University, a secondary insurance is available for some medical expenses incurred as a result of participation in intercollegiate athletics. When filling out paperwork at the appointment, Student Athletic Protection (StuPro - address and phone number listed below) should be listed as your secondary insurance provider. The amount covered by StuPro is determined on a per event basis and Marian University cannot provide an estimate of these amounts. Questions regarding coverage for a particular incident should be directed to StuPro directly. In particular, it should be noted that this secondary coverage is highly dependent upon whether a doctor or facility is considered to be "in network" or otherwise covered by the athlete's own insurance carrier. The amount of coverage for those which are not may be significantly limited or not available. Marian University cannot make any representation here on the amount of coverage which will be available in such instances.

The following is an outline of the procedure for submission of medical bills for consideration by StuPro. Submit bills through your family primary insurance plan first. If a balance remains following processing and reimbursement by your primary carrier, please send a copy of the primary insurance carrier(s) statement of benefits, a copy of all related invoices for medical services (the original invoice detailing the chargers) to StuPro. Additionally, notify the Marian University athletic training staff (e-mail and phone numbers listed below) to let them know that a claim has been sent in. **It is important that these submissions be made as soon as practical.**

This coverage is highly dependent upon whether a doctor or facility is considered to be "in network" or otherwise covered by the athlete's own insurance carrier. For additional information from StuPro, please look for the link on the Sports Medicine page on the Marian website. (www.Marian.edu>Athletics>Information>Sports Medicine) Additionally, all forms are available online on the Sports Medicine page by going to www.Marian.edu and by following the links to Athletics>Information>Sports Medicine.

Please retain this letter and feel free to call the Athletic Training staff or Student Athletic Protection Insurance representative with any questions.

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